

Headspace UI Requirements Document

User Task

Jane opens up the app and wants to view the latest wellness goals she has accomplished

Pages to Design

- Home (Today screen)
- Profile screen
- Buddies screen
- Stats screen
- View Goals screen

High-Level Requirement

- A **home (today screen)** that introduces the user to the main screen of the app
- A **profile screen** to show the user their account options
- A **buddies screen** which is also the default page that opens to the user profile, shows how to connect to other users in the Headspace community
- A **stats screen** for users to view the stats of their wellness accomplishments
- A **view goals screen** to show rewards earned for each of their accomplishments

Detailed Requirements

Home (Today screen)

- Timeline of events for the day to engage with - Goals reminders up top - day, afternoon & evening content suggestions
- Brief audio & video recordings (3-7mins long max)
- Favorites & recent views tabs
- Sticky footer navigation - today, meditate, sleep, move, focus
- Profile icon in top left
- Search icon in top right
- Orange timeline progression bar on left side of content - turns into green checkmark once content has been listened to or watched

Profile screen

- Defaults to opening under Buddies tab in user account
- Shows Stats & Journey tabs
- Settings icon in top left

- “X” out icon in top right
- Character profile in top center

Buddies screen

- Share buddy link button
- Title underlining Buddies glides over to next tab
- Chat bubble to chat with buddies in community chat room in bottom left corner
- Shows Stats & Journey tabs
- Settings icon in top left
- “X” out icon in top right
- Character profile in top center

Stats screen

- Stats for:
 - Running streak
 - Personal goals met
 - Time meditated
 - Sessions completed
 - Average duration
- View Goals Button
- Invite Friend link at bottom of screen
- Title underlining Stats glides over to next tab
- Shows Buddies & Journey tabs
- Settings icon in top left
- “X” out icon in top right
- Character profile in top center

View Goals screen

- Screen pops up
- Shows rows of badges of accomplishments for tasks completed
- Character imagery
- “X” out icon in top right
- Page slides down after “X”-ing out

User Task

After viewing her stats, Jane wants to add fitness as a new goal to her wellness journey

Pages to Design

- Profile screen
- Buddies screen
- Stats screen
- Journey screen
- Set Goals screen
- Set Goal Completion screen

High-Level Requirements

- A **profile screen** to show the user their account options
- A **buddies screen** which is also the default page that opens to the user profile, shows how to connect to other users in the Headspace community
- A **stats screen** for users to view the stats of their wellness accomplishments
- A **journey screen** for users to view their wellness progress
- A **set goals screen** that allows users to plug in what personal goals they want to set for themselves
- A **set goals completion screen** to assure the user they have set their goal

Detailed Requirements

Journey screen

- Progress chart (months & level of stress)
- “Consider this month” section- little blurb
 - Inactive button that Opens in “X” days
- Mindful moment section with “Check it out” button
- Set goals section with “set goals” button
- Timeline with dates of past content interacted with

Set Goals screen

- Shows goal options
- Set date for goal to be reached
- Set a date and time to complete and spend on goal
- Space to title goal
- Note field to write additional info around goal
- Add Button to add wellness goal to timeline
- Orange timeline progression bar on left side once everything is filled out
- Goal will appear in daily timeline on Home (Today screen)

Set Goals Completion screen

- Screen slides up
- Shows details of the goal set

- Date to complete goal by
- Time to spend on goal
- Title for goal
- Brief note section
- Image of category selected with “You set a new goal!”

User Task

Now that Jane has set a new goal, she’d love to chat with others in the community and seek advice on counseling

Pages to Design

- Home (Today screen)
- Profile screen
- Buddies screen
- Chat bubble

High level Requirements

- A **home (today screen)** that introduces the user to the main screen of the app
- A **profile screen** to show the user their account options
- A **buddies screen** which is also the default page that opens to the user profile, shows how to connect to other users in the Headspace community
- A **chat bubble** that pops up to allow users to converse with others about their current mood, seek advice, discuss wellness goals etc.

Detailed Requirements

Chat bubble

- Settings icon top left
- Profile pic top left
- “X” icon in top right
- Minimize icon top right next to “X”
- Back arrow top left
- Topic suggestions to choose from
- Text field